## ABSTRACT OF THE DISCLOSURE

result of the inherent elasticity of the flexible arm.

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2 An adjustable lighting apparatus having a flexible arm and a fully rotatable 3 head is disclosed, wherein one end of the flexible arm has a power connector and 4 another end has a terminal fitting. The terminal fitting is attached with a circular 5 socket on the open end for assembling the head. The head has a lighting element 6 installed inside and a plug-in portion at one end. When the head and the flexible 7 arm are joined together, the head can be rotated around for a full circle to adjust 8 the light to a desired position and projection angle without difficulty. This unique design can prevent an awkward situation that the support arm might 9 10 interfere with the light path and the undesired shifting of the lamp position as a